DAY PERSONAL EFFICIENCY GAME CHANGER

YOUR ROADMAP TO MORE EFFICIENCY — GUARANTEED!



BIG IDEA #1

Keep Your Head Empty

BIG

IDEA #2

Batch Real

To-Dos

BIG **IDEA #4**

Organize World

BIG **IDEA #3**

Keep Your Inbox Empty

5 BIG IDEAS FOR MORE EFFICIENCY!

BIG IDEA #1

Keep your head empty & more focused at all times

BIG IDEA #2 Clarify & prioritize your work even in a land of rushed ambiguity

BIG IDEA #3 Get and keep your email inbox at zero (and yes, it IS possible...)

BIG

Organize your digital world including your desktop

BIG IDEA #5 Leverage technology to keep your system mobile (even if it's paper)



WHAT'S IT ALL ABOUT?

Does your email inbox overwhelm you? Does your to-do list, wherever it is, stress you out? You ever wake up in the middle of the night, in a panic, because (yet...) another **really important issue completely slipped your mind?** If so — you're not alone!

The speed of "work" has changed! Yet most highly-capable professionals still use, now horribly inefficient, personal systems that served them a world ago.

What got you where you are - will no longer get you where you want to be... fast enough! Chris's Efficiency Game Changer provides the new operating system you need.

Chris McIntyre is a peak-performance ninja, the Author of The **Roadmap to Freedom**, and has spoken to over 200,000 leaders globally.



"Chris has been a real asset to helping grow effective leaders in our company.

He's a great fit here with his highly engaging and charismatic presentation style combined with strong content expertise and down-to-earth personality. This powerful combination allows him to effectively coach at all levels in our corporation. I highly recommend him as a resource."

Kevin D. Wilde, Chief Learning Officer General Mills

"Chris was outstanding! He was able to keep the entire team fully engaged. He's a master at creating a challenging, yet open, learning environment that inspires genuine dialogue & team development. I highly recommend Chris McIntyre!"

Enio Velazco, Ph. D., Director of Learning & Development Phillips Healthcare

"Chris is an engaging speaker! He was able to keep an audience of over 100 people interested, excited and engaged. People laughed, learned and enjoyed a full 8 hours of new material. I highly recommend Chris as a public speaker."

Kim Elisha Proctor, Chief of Staff Paypal

"We have been working with Chris for 3 years now. He has an impressive ability to clearly explain the information at hand while at the same time bringing a high level of energy and enthusiasm that creates a fun and effective learning environment. Chris is a master facilitator and we can always expect to receive great feedback from any of the classes that he teaches."

Ciji Sasso, Studio Talent Group Lucas Films

"Chris provided a fantastic presentation for our recent national conference. He took the time to understand the purpose of our conference and made his content relevant to our organization. His style left the audience wanting more and **the ideas he shared** are still being discussed among the participant's months later."

Neal Porter, Account Executive - Sports & Entertainment Aramark

"I've been in the Social Services business for over thirty years and must say that your "Inspiring Independence" exercise was OUTSTANDING!"

Ray Vasquez, Program Supervisor ResCare